

**2010-2011**

**TOP TEN THINGS TO KNOW ABOUT LAKE BRANTLEY HIGH SCHOOL ATHLETICS**

**PLEASE WATCH LBHS WEB-SITE FOR UPDATES ON NEW ATHLETIC POLICIES AND RULES**

**SPORTS FAIR – MAY 5, 2010**

Meet the coaches for every sport in the Main Gym, 6:00-7:30 pm. Physicals will be done 5:30-7:00, enter courtyard side of gym – please bring picture ID. Cost is \$20 (checks made payable to LBHS or cash). You must have all information (Part 1 and Part 2) on physical form filled out, student and parent signatures required before doctors will perform physical exam.

1. **REMINDER:** Most Fall sports will begin **AUGUST 9** – even though classes start **August 16**. Make sure you have a physical that is current and will not expire during your sport season.
2. **Students must have a sports physical before conditioning or trying-out for a team.** The Seminole County Public School forms must be used. There are three forms and an Athletic Emergency Card required. Physicals are an annual requirement for athletic participants, and are effective for 365 days from date performed by physician. **The Health Department does NOT give sports physicals.** See Athletic Physical Paperwork instructions.
3. **You must have medical insurance to participate in athletics.** The company name and policy number must be listed on the physical form. If the student doesn't have medical insurance, you may purchase the School Accident Insurance offered by School Insurance of Florida. (forms available at LBHS.) Football players who do not have private insurance **must** purchase special "football" coverage from the above company. Regular "School Insurance" does not cover football, and football insurance does not cover any other sport. **Parent must notify Athletic Office of any change in insurance coverage.**
4. Incoming freshman must have been **PROMOTED** from 8<sup>th</sup> grade, not "**ASSIGNED**". This distinction is made at the middle school. Assigned students may practice (coach's decision), but cannot be made eligible to play in any contest until grades are completed for the first semester and they meet the 2.0 requirement. If freshmen DON'T make a 2.0 the first semester, they may complete the FHSAA EL5 Academic Performance Contract (on web-site) and turn it in to Mrs. Kelly, Athletic Director.
5. Upper classmen must have a **cumulative** grade point average of 2.0 in order to be eligible to play. Grades are checked only after semesters, not nine weeks.
6. For first-time LBHS athletes: the **ORIGINAL** birth certificate **PLUS a copy** must be brought to the Athletic Office. The original will be verified and returned immediately. The copy will be kept in Athletics for the student's high school four years. We cannot use a copy from the Guidance Office. If you do not have the original, you may order a new one from the city/county or state of birth.
7. **Fall Sports:** Bowling, Cross Country, Football, Girls Volleyball, Golf, Slow Pitch Softball (girls), Swimming & Diving  
**Winter Sports:** Basketball, Girls Weightlifting, Soccer, Wrestling  
**Spring Sports:** Baseball, Boys Volleyball, Boys Weightlifting, Fast Pitch Softball (girls), Lacrosse, Track, Water polo
8. **PLEASE SUPPORT LAKE BRANTLEY ATHLETICS BY JOINING THE LBHS BOOSTER CLUB.** "All-Sports Passes" for LBHS students can be purchased at "Preschool Processing"(August) or in the Athletic Office – this pass entitles the student to attend all regular season home games for **\$50**, all sports—all year long. Family memberships are available through the Booster Club.
9. There is a special Student-Athlete Attendance Policy at Lake Brantley. This policy is posted on our web-site (lakebrantley.com) and available in-print in the Student Athlete Handbook.
10. **For additional help, please call or e-mail:**  
Cathy Duncan, Athletic Secretary: 407-746-3422 -- cathy\_duncan@scps.k12.fl.us  
Jerri Kelly, Athletic Director: 407-746-3564 -- jerri\_kelly@scps.k12.fl.us  
Skip Clayton, Assistant Athletic Director: 407-746-3668 -- skip\_clayton@scps.k12.fl.us